



City of Lisburn Salto Gymnastics Centre

Timetable with Class ages

2021 - 2022

Class name & age guide	Soft Play Non-structured Class 0 months – 4 years	Parent Assisted Structured class 18 months – 4 years	Preschool 3- 4 year olds	Recreation 4 (Primary 1) - 12 year olds	Improver Girls (selection only)	Young Adults 13 – 17 years	Adults +18
MON	9.15am		2.00pm	3.00pm 4.00pm 5.00pm			
TUES		9.15am	2.00pm	3.00pm 4.00pm 5.00pm			8.00pm
WED	9.15am		2.00pm	3.00pm 4.00pm 5.00pm			
THURS			2.00pm	3.00pm 4.00pm 5.00pm 6.00pm	7.00pm	7.30pm	
FRI	9.15am		2.00pm	3.00pm 4.00pm 5.00pm			
SAT			9.30am 10.30am	9.00am 10.00am 11.00am 12 noon 1.00pm 2.00pm			
SUN							
Class length	1 hour	1 hour	50 mins	50 mins	1 ½ hr	1 ½ hr	1 ½ hr

**Summer Hours**

Toddler Soft Play - Monday to Fridays 9.15am

Parent Assisted Classes, Preschool, Recreational, Improver Girls & Young Adults – Term Time September to June

